



THE Mountain CHALICE

Newsletter of the
Unitarian Universalist
Community of the Mountains
Grass Valley, CA

July 2013

We are a GLBT-Welcoming Congregation



SUNDAYS IN JULY

July 7, 11:00am – “Tapestry of Faith: Independence and Interdependence”

Worship Associate: Bev Lyon

Bring your canned food. The choir will be singing!

July 14, 11:00am – Not Available at Press Time

Jan Ogren, MFT

Worship Associate: Jerry Jacoby

July 21, 11:00am – “Money and Life”

– Rev. Roger Jones

Worship Associate: Lindsay Dunckel

With media buzzing constantly about money--U.S. fiscal cliff and family financial holes—where is the help in facing this issue with maturity? With stories about family strife, our guest invites us to think about our relationships, our money, and those funny places where they overlap.

Rev. Roger Jones is Acting Senior Minister at the UU Society of Sacramento, where he served five years as Family Minister. He's a member of the UU Legislative Ministry's personnel committee, the Pacific Central District Growth Committee, and the UU Fund for a Just Society grants panel. He is a doctor of ministry candidate at Pacific School of Religion. He has served congregations in Massachusetts, Indiana, Minnesota, and Silicon Valley.

July 28, 11:00am – “Offerings”

Rev. Meghan Cefalu.

Worship Associate: Jerry Jacoby



The UUCM Board of Trustees thank with cake the outgoing President Keith Johnson and Vice President Wally Holtan during the June 13th meeting.

UUCM FAMILY CAMPING TRIP

SAVE the Date



AUGUST 23-25, 2013

SCOTT'S FLAT LAKE

Contact Beth Freedman 274-2234



MUSINGS

REV.
MEGHAN

Greetings Friends,

By now I hope that you all have heard that I will be resigning as your minister by the end of December and will be taking a job as the Assistant Minister in Newton, Massachusetts.

While it breaks my heart to think of leaving you, my beloved congregation, I also know that both you and I are ready for this new adventure. Of course, whenever there is a major life change there is bound to be a range of emotions that cycle through. I've heard from many of you who have expressed sadness, anger and grief as well as graciously wishing me well and optimism for our separate futures. I imagine we'll each have many waves of emotion over the course of my last six months as your minister.

These next six months will be full ones for us all. I have several major projects I'd like to complete with you including the hiring of the new Office Administrator, facilitating the Board and other leaders through a class on Leadership as Spiritual Practice, and helping guide you all through reimagining and restating the mission of UUCM.

I'd also like to be available to spend more time with you in these next months and so I will be reinstituting a "Coffee Chat" each week on Tuesday from 2-4pm. During the summer months I'll be sitting at the Broad Street Bistro at the top of Broad Street in Nevada City each Tuesday beginning on July 16th. I invite you to come by and chat with me, and whoever else happens by, about whatever is on your mind. I look forward to hearing about your hopes and dreams for yourself and for our wonderful congregation.

Blessings and love,

Rev. Meghan

NOTES FROM THE PRESIDENT

JANET
DUNSTAN



For UUCM, July 1 is a time of change...new fiscal year, new leaders, and a new budget. The Board has a mix of new and familiar faces, young, retired, parental, and professional. We will begin our transition with a Board Retreat where we will get acquainted, create a covenant with one another on how we will work together, and develop goals for the year. Leadership development will be a high priority both for me personally and for others.

Another change we will face at the end of 2013 is a new minister. The Board will interview and select an Interim Minister to be with us approximately 18 months. Before the Interim Minister leaves, the Search Committee will have presented candidates to the Congregation for selection of a Settled Minister.

We can work through this process of changes as other congregations have done....step 1, step 2, step 3, etc. But how will we manage the transition? Although change is natural, transition takes work. Seasons change and we must transition from warm/sunny weather to cold/rainy days. With excitement and joy we watch our children as they change each year. However, the transition from childhood to adulthood is filled with fear, joy, uncertainty, laughter, tension, and pride.

Interim Ministry is about transition. Transitioning from one minister to another, saying goodbye and saying hello, grieving the losses and celebrating our future. What will our transition be like? How will each of us react? How will our Community respond? What new challenges will we face? What will we welcome with joy and what will we regret giving up? How will we transition? With excitement and energy? With sadness and disappointment? With open minds and open hearts? Most likely, each of us will experience a bit of all of these emotions. Being mindful of our conflicting feelings will give us opportunities to empathize and support one another

while we grieve a little and dream a lot. We will be surprised how much we will learn about ourselves as we travel this road together.

As Rev. Meghan has stated, we will be rewriting our religious mission statement this year; she is committed to this important endeavor. The process will take about 4-6 months and offer several venues in which each person can contribute. We will explore thought-provoking questions such as: what is our (UUCM's) reason for being? what is our purpose as a Community? how can we transform lives in the larger community? Defining our religious mission will help us define the type of settled minister we will choose to be in covenant with us.

Rev. Latham tells us that a congregation focused on its mission will grow naturally. Growth brings change naturally. Change is easy. Transition requires work and intent. Your Board is motivated to move forward and help the Community define our ministry in the future

ESCRIP BENEFITS UUCM

By Wally Holtan

Did you know you can do fundraising for UUCM just by using your grocery loyalty cards for Safeway and SPD? It is no cost to you and UUCM gets 1%-4% of your purchases. Check your wallet to see if you already have a card(s), then go online to specify UU Community of the Mountains as the Group Name to receive the rewards. Don't have a card? They are free at both stores and you can specify UU Community of the Mountains at that time.

The eScrip* secure site:

<https://secure.escrip.com/jsp/supporter/registration/step1b.jsp> Specify our Group Name (UU Community of the Mountains) and UUCM will receive 'rewards' in the form of an Electronic Funds Transfer each month. What could be easier!

While you are at the site, check out the Family of Merchants in Northern California and see if you use any of the businesses listed. If you do, you can register your

credit/debit cards on the eScrip secure site and UUCM can reap the benefits (1%-4%) each time you use your card at those stores.

If you have questions, contact Wally Holtan, Stewardship Chairperson (uucmgv@gmail.com or phone 274-7965).

*"Introduced by Electronic Scrip Inc. (ESI), the eScrip program is a fundraising program that allows participating merchants to contribute a percentage of your grocery loyalty cards, credit card, and debit/ATM card purchases to the school or organization of your choice"

AGAVE MUSTARD BROCCOLI SALAD

By Carol Hyndman

Salad

½ c lentils, rinsed and soaked 8 hours or overnight

1 head broccoli cut into florets - about 4 cups

1 small red onion or shallot, cut into rings

¼ c chopped almonds.

Agave mustard dressing

4 Tbsp olive oil

1 Tbsp apple cider vinegar

2 tsp agave nectar

2 tsp Dijon mustard

Drain and rinse lentils and place in pot with 1 cup water. Bring to a boil and reduce heat and simmer for about 18 min. Add broccoli, cover and steam about 3 min or until broccoli and lentils are al dente.

Dressing

Mix all ingredients until smooth.

Drain any excess liquid from broccoli mixture and transfer to bowl. Add dressing and toss.

Garnish with onion and almonds.

"A dog is the only thing on earth who loves you more than he loves himself"



CARING NOTES

By Robin Hart

July is the month for fireworks, trips to the lake, and vacations.

Remember to keep our community in your hearts as you journey and explore new things this summer.

Please join with me in lighting candles of concern and sending healing energy to those many in our community who need special prayers and wishes at this time:

Also light a candle of concern and keep a special place in your hearts for all those others in our UUCM community who are not named but who need prayer and healing energy at this time.

If you need to bring something to the attention of the Caring Committee, please contact one of our members:

Robin Hart (Committee Chair), Reverend Meghan, Corrie Silva, Leal Portis, Gwen Eymann, Alice Johnson, Jerry Jacoby, and Carol Hyndman, or e-mail us at caringcommittee@uugrassvalley.org

SUMMER HEAT DANGER FOR PETS IN CARS

By Carol Hyndman

I hope most of you know the dangers of leaving pets unattended in cars. It is a law, since 2007. It is a misdemeanor to leave a pet carelessly locked up in an unattended vehicle (Senate bill 1806). Violation of the law is punishable by a fine of up to \$500 or county jail time of up to 6 months or both a fine and jail time.

If you see a situation where an unattended pet is in danger, call 911. A police officer, humane officer or animal is authorized to take action to remove the animal from the vehicle, including breaking into the vehicle after making a reasonable effort to find the person responsible.

To give an example of how dangerous it is, an outside temperature of 85 degrees can reach 102 degrees in only 10 minutes and 120 in half an hour. An animal's temperature can reach 107-108 for only a short time before causing brain damage or death. Pets don't sweat as we do, they pant to cool themselves. There are many deaths every summer because people just don't understand how serious this is. If a pet is suffering from heatstroke cool them down and get to the vet as soon as possible



Aneka Torgrimson enjoys harvesting mint from the UUCM backyard during a recent Sunday Summer School class.

BREAKING NEWS

by Paige Anderson-Torgrimson, DRE

Lifespan Religious Education and Spiritual Growth

In UUA President Peter Morales' annual report to the 2013 General Assembly he said, "Here we are together . . . in a time of unprecedented change in our culture and in the landscape around us. This is an historic opportunity for Unitarian Universalism. Nobody aligns with the values of the emerging generation the way we do. Absolutely nobody. People are hungry for a religion that I call multi: Multicultural, multiracial, multigenerational, multifaith, multinational. We're in the midst of a transformation, but we have to move quickly."

UUCM is also in the midst of transformation. At our last Religious Education Committee meeting, Rev Meghan and the members of our committee unanimously voted to transform our Religious Education program into a "multigenerational" Lifespan Religious Education and Spiritual Growth program.

What exactly does this mean for our UUCM community? It means that our new Lifespan Religious Education (LRE) and Spiritual Growth Program will include:

- Religious Education Classes for Youth
- Spiritual Growth Events, Presentations and Classes for Adults
- Spiritual Growth Events, Presentations and Classes for ALL Ages
- Parallel Programming – identical or similar programs for youth and adults running simultaneously and overlapping at certain events and presentations so that the two groups can come together to discuss their experiences.

The purpose of having one Lifespan program under the direction of the Director of Lifespan Religious Education and the LRE Committee rather than having an RE program for adults and a separate program for youth is to:

- encourage the life-long journey of faith development for every member of our community
- unify our community
- act as the coordinating body of all LRE and Spiritual Growth planning teams
- to serve as a resource for the LRE staff and provide encouragement, support, and guidance to volunteers
- to guide the direction of all LRE and Spiritual Growth programs, events, and presentations and provide continuity
- and to ensure that the needs and mission of the congregation are met

To help us meet the needs of this new, dynamic, coordinated, and organized Lifespan program - Keith Johnson has been persuaded by the LRE Committee to serve as the lead for adult programming while each youth classroom will also have a lead teacher.

Beginning in the Fall, look for classes exploring What

In The World is a UU? and What Exactly Are The 7 Principles? a multigenerational book group, a discussion group focused on Robert Lathan's book "Church Folly Lane," as well as events like the Calling Back The Salmon celebration and Popcorn Theology movie nights.

SOCIAL ACTION NOTES

by Carol Kuczora and Carol Hyndman

Sheila Myers has done a wonderful job chairing the Social Action Coordinating Committee (SACC) for the last three years, despite working full time. It will take two of us to fill her shoes.

Unitarians are generous with their volunteer time, and we jump at the chance to help the community in a number of ways. SACC is an umbrella for several activities, hence the word "Coordinating" in the name of this committee. We invite anyone not already serving to contact us about what you most care about or love to do. You can give your time without serving on a committee.

Partners in English Language Learning — The monthly donation of the collection plate went to PiELL last month. It was \$404. Some members of UUCM meet with immigrants to help them with their English conversation skills.

Immigration Detention Visitation Project — Keith Johnson, Bonnie Bennett, Carol Ann Jones, Linda Villegas, Doc Hurley, and Robert Ludgate visited prisoners at the Sacramento Jail and Yuba County Jail.

Interfaith Food Ministry — July's Pass the Plate will go to IFM, at which some of us sort and distribute donated food to needy families at the distribution center in Grass Valley. To participate, contact Pat Paddock.

Social Action Coordinating Committee — July 10 is the next meeting. Join us at 7:00pm if you would like to participate in helping to plan or help with any of our activities.

Second Sunday Cinema — The Peace Center of Nevada County will present "War on Whistleblowers" on July 14 at 7:00pm at UUCM. Brave New Films producer, Robert Greenwald was not terribly surprised to hear that the U.S. Department of Justice had secretly obtained two months of telephone records from AP reporters and editors. The Peace Center's mission is to bring programs and events to the public to raise consciousness on both world events and local issues.

Palestine-Israel Working Group — "Refusing to Be Enemies: Palestinian and Israeli Nonviolent Resistance to the Israeli Occupation," a power-point presentation by Maxine Kaufman-LaCusta, author of a new book by the same name, will be presented on Saturday, July 20, at 7:00pm at UUCM. Copies of the book will be available. The event is cosponsored by the local PIWG and Social Action. Voluntary contributions will all be donated to the Maia water project of MECA (Middle East Children's Alliance) to provide potable water to a kindergarten in Gaza. Refreshments will be served.

Green Sanctuary Film — On July 21, we hope to show "Blind Spot," a documentary that illustrates the current oil and energy crisis. We are at a crossroads: If we continue to burn fossil fuels, we will choke the life out of the planet; if we don't, our way of life will collapse.

Vegan Supper Club --- Bring your favorite vegan dish and maybe a friend to the potluck at UUCM on July 25 at 6:30pm. Vegans use no animal product ingredients, unlike vegetarians. This spares the earth's resources as well as the animals; it requires a lot of water and feed to raise an animal. The Club meets on the last Thursday of each month.

Hospitality House Walk — David Briggs will do a

pledge walk on July 27. Some people have already pledged \$10 each. Let David know if you would like to make a pledge.

Climate Reality Project — Carol Kuczora has been selected to go to Al Gore's Climate Reality training in Chicago for three days in July and August.

United Nations Association — “Girl Rising,” a film to educate and empower the women of the world, will be cosponsored along with other churches in August or September. This will be a benefit for the UNA.

The Altar Show — This annual event, an offshoot of the Mexican Day of the Dead, is scheduled for November 9 - 17. It will again be held in the Northern Mines Building at the Nevada County Fairgrounds. UUCM plans to have an altar. Social Action is considering immigration as a theme. Contact Anita Wald-Tuttle to help.

To participate in any project, event, or committee, you may contact us, and we will route you to the director of the project. Our contact information is carolkuczora@sbcglobal.net, 273-7771; countrycattery@gmail.com, 477-1003.



DRUM CIRCLE @ UUCM

By David Ferrier

The Drum Circle at UUCM will be on a well deserved vacation for the months of July and August. Drum Circle will return on the first Wednesday of September.

FIRST COMMITTEE

CHARTER

By Janet Dunstan, President

The Board of Trustees is happy to announce that the Membership Committee Charter submitted by that Committee was approved in the BOT meeting in June. Working as a group, they did an excellent job in defining their purpose and duties as a UUCM Committee. This will not only guide their goals, activities, and decisions, but is an excellent communication tool to tell the rest of us what they are all about.

As a Member or Friend, if you are considering serving on a committee, you will find this group to be a friendly, dedicated, and caring team who value inclusion and the democratic process. If joining a committee is “not your thing”, consider volunteering to be an occasional Greeter or a Hospitality Host/ess for Sunday coffee. Contact Chairs: Andy and Shannon Dooley-Miller at 346-6995.

Here are the opening two paragraphs of their Charter:

Purpose:

To encourage Visitors, Friends and Members to strengthen ties with our community and grow membership by creating a welcoming environment for newcomers.

Committee Members:

Committee members should be friendly, outgoing, articulate, and enthusiastic Unitarian Universalists. Ideally the committee will represent the full range of the demographic makeup of the congregation, and have at least one new member, as well as longer-term members of the congregation.



LIBRARY NEW ADDITIONS

By Kate Kernitzki

July is a month noted for heat, parades, and now the extra pleasure of lots of new reading and viewing material in our library. Here's a list of what has come in recently.

Books:

Richard Preston, *The Wild Trees*. Nonfiction. Donated by Bernell Scott

Betsy Kraft, *Mother Jones: One Woman's Fight for Labor*. Young reader. Donated by Jim Lowe

David Robinson, *The Unitarians and the Universalists*. Unitarian

John Buehrens & Forrest Church, *A Chosen Faith: an Introduction to Unitarian Universalism*. Unitarian

Geneen Roth, *The Craggy Hole in My Heart & the Cat Who Fixed It*. Spiritual.

Assorted children's and young reader's history and biography. We received 6 more wonderful books for the children's library.

Periodicals:

A new batch of Humanist periodicals and some issues of *The Atlantic* have been donated, and are in the magazine holders. We also received a nice batch of consumer product magazines, which are on the "Free to Good Home" shelf. Due to space considerations we can't hold those, but these useful and practical magazines are free to anyone who would like to check

out their many ratings of things we purchase and use all the time.

Videos:

A very generous person has donated a group of 19 videos in the series entitled: *Canticle to the Cosmos: Science, Religion & Cosmology*, with Brian Swimme. Unfortunately, we don't have room to make any more videos part of our permanent collection, but I will hold on to these for a minimum of 3 months, to give our congregation an opportunity to sample this amazing series. If there is anyone who would like to transfer them to DVD, I would be glad to find room for them. These would be great fun for anyone interested in the intersection of Science and Religion. The videos are each approximately 1 hour in length. And if anyone wants to go through them more slowly, just let me know and I will keep them in the library until you have finished watching them. My phone is: 477-8701, and my email is: ksk6399@att.net.

SECOND SUNDAY CINEMA

Second Sunday Cinema to show "War on Whistleblowers" July 14.

Brave New Films producer, Robert Greenwald was not terribly surprised to hear that the U.S. Department of Justice had secretly obtained two months of telephone records from AP reporters and editors. "It is consistent with a national security state," states Greenwald, the documentary filmmaker whose recently-released "War on Whistleblowers" focuses on the White House assault on press freedom. "This is a result of a series of policies put in place by this administration. It is systemic. It is not a one-off. It is not an accident. It is an effort to keep whistleblowers silent." The film focuses on the whistleblowers of our time. These are the people that really protect our freedoms. They are true Americans. Free press, free speech, personal privacy—these are the foundations of democracy. When the government overreaches and invades these civil liberties, the country and its citizens are no longer free. The constitution and bill of rights weren't written to control the people but to limit the powers of the government.

Come see the film, Sunday July 14, 7:00pm at the Unitarian Universalist Community of the Mountains, 246 S. Church St., GV, suggested donation \$5.00 - \$10.00 (no one turned away for lack of funds) Facilitated discussion to follow. Refreshments will be available. All proceeds shared with the social action committee of the UUCM and Peace Center of Nevada County whose mission of bringing programs and events to the public to raise consciousness on both world events and local issues are addressed. More info: Peace Center of Nevada County 530-265-0200 or website ncpeace.org.



BE A CHALICE LIGHTER AND GROW UU!

By Janet Dunstan, President

For as little as \$10 or as much as \$250 you can help grow the UU movement! Chalice Lighters supply the grant money awarded to congregations that are working to grow. UUCM will be applying for a Chalice Lighter grant to help fund our new Office Administrator. Our chances of getting the grant will improve if we are active supporters of the program. So please sign up! Grants also help other UU's in building their programs to support membership growth.

If you would like to a part of this exciting 'neighbors helping neighbors' program, say "yes" to our Chalice Lighter Co-coordinator, Anita Wald-Tuttle. You can contact her at 277-6195 or at awaldtuttle@gmail.com.

HOSPITALITY HOUSE

By Suzanne Ferroggiaro

Thanks again to our generous, beloved community for providing a delicious dinner and breakfast for Hospitality House guests on June 21st!

Our next dinner/breakfast will be on July 19th. If you would like to share some generosity, please contact:

Suzanne Ferroggiaro (Fair-o-jar-o)

477-5344

rivertreehouse@att.net

JULY WOMEN'S STUDY CIRCLE OPEN TO EVERYONE!

By Kathryn Young

Come one, come all! On Tuesday, July 2, the Women's Study Circle presents Aida Baker, a licensed Marriage/Family Therapist who spoke at one of our services last summer. She will be speaking on attachment theory, a new science of love and bonding.

As early as 2005, Aida developed both a personal and professional passion for attachment theory and the healing potential that it brings. She has witnessed — both in her own life as well as her clients' — the therapeutic nature of developing secure attachments. Aida has completed numerous mind-body trainings which bring a more integrated approach to psychological well-being.

She has been married for twenty-six years, has two grown daughters and has lived in Nevada County since 1995. You can find out more about Aida at her website: www.safehavenpsychotherapy.com.

Learning more about attachment theory can help you

understand the foundation of your attachments to other people in your life, and, in practice, can help you heal broken bonds with others. Everyone has aspects of all the attachment styles, from secure to insecure, that were formed in childhood. Come find out more about this fascinating theory, and bring your partner!

The meeting begins with a potluck dinner at 5:30 p.m., followed by the program. We'll set up the food in the room by the kitchen, then the program will begin in the chapel around 6:30. RSVP to Kathryn Young at 530.478.1329 or kathryneyoung@att.net.



GREEN POWER POINTS

By Anita Wald-Tuttle

This month we'll talk about energy, starting with a strip tease!

Bring a power strip to work so you can plug all your electronics into one place and unplug them all with a single yank at the end of the day. Why? Electronics and appliances eat up energy - known as "standby" or "leaking" electricity - even when they're not being used. A study from the University of California, Berkeley showed that the average California household pays between \$50 and \$70 every year to keep these items humming and "ready" while they're just sitting there.

Here's a thought about becoming more pro-active about energy consumption. Make a commitment to charging all your small electronics - cell phone, iPod, PDA - via person-power. There are several varieties of hand-crank chargers on the market, as well as kits that can rig up a charger to your bicycle (regular or exercise),

so that you get an extra bonus out of all your pedaling!

And finally there's this office myth to debunk!

Did you know that screen savers don't actually save energy? They just protect your screen from getting a single image imprinted upon it by keeping things moving. Protect your screen and the environment by turning off your monitor when you step away from the computer, or putting your laptop to sleep.

So says my Green Calendar for 2009!

Anita

Coffee Chat

with Rev. Meghan

Tuesdays 2-4pm
Beginning July 16
Summer location:
Broad Street Bistro
at the top of Broad Street
in Nevada City
Come and enjoy a
snack and some casual
conversation with Rev.
Meghan and other
members and friends of
UUCM.

JUNE CALENDAR

M 7/1	5:30pm, Stewardship Committee 6pm, Choir Practice 7pm, Hospitality House	Th 7/18	8:30am, What's Up Coffee 6:30pm, Sierra Nevada Accordion Group
Tu 7/2	9am, Morning Meditation 10am, Susan B. Chalice Circle 5:00pm, Women's Study Circle	F 7/19	5:30pm, Hospitality House
W 7/3	8:30am, Men's Get-Together 10:30am, Humanism Discussion Group	Sa 7/20	9:00am, Building and Grounds Work Party 12:30pm, Building & Grounds Committee Meeting
Sa 7/6	10am, Spirituality Book Group	Su 7/21	11am, Sunday Service 7pm, Green Sanctuary Film
Su 7/7	11am, Sunday Service 12:30pm, RE Committee Meeting	M 7/22	7pm, Hospitality House
M 7/8	6pm, Choir Practice 7pm, Hospitality House	Tu 7/23	9am, Morning Meditation 9am, Henry D. Chalice Group 6pm, Pflag Meeting 7pm, Worship Meeting
Tu 7/9	9am, Morning Meditation 10am, Henry D. Chalice Group 5:30pm, Caring Committee	W 7/24	8:30am, Men's Get-Together 4:30pm, Finance Committee 6:30pm, Membership Committee
W 7/10	8:30am, Men's Get-Together 7pm, Social Action Coordinating Council	Th 7/25	8:30am, What's Up Coffee 10am, Writer's Group 6:30pm, Vegan Supper Club Potluck
Th 7/11	8:30am, What's Up Coffee 10am, Writer's Group 7pm, UU Board Meeting	Su 7/28	11am, Sunday Service
Su 7/14	11am, Sunday Service 5:30pm, Gold Country Vegans 7pm, Second Sunday Peace Center Movie	M 7/29	7pm, Hospitality House
M 7/15	NEWSLETTER DEADLINE 6pm, Choir Practice 7pm, Hospitality House	Tu 7/30	9am, Morning Meditation
Tu 7/16	9am, Morning Meditation 10am, Susan B. Chalice Circle 1pm, Grandmothers for Peace 6pm, Pflag Meeting	W 7/31	8:30am, Men's Get-Together
W 7/17	8:30am, Men's Get-Together		



Unitarian Universalist
Community of the Mountains
246 So. Church Street
Grass Valley, CA 95945
www.uugrassvalley.org

Return Service Requested

The purpose of our Community is to foster liberal religious living through worship, study, service and fellowship. We seek the enjoyment of religion founded upon devotion to individual freedom as our method, we seek to grow in understanding of ourselves and of our world, to promote and serve the universal human family.

New to UU? Comprehensive information on our principles, beliefs within our faith, history, worship practices, congregational life and more is available on the denominational website at www.uua.org. Click on "Visitors."

Membership in UUCM is open to all who see this community as their religious home and the principles for which it stands as their own. To join UUCM, one signs the membership book and supports the community through a financial contribution and regular participation.

Visitors are invited to attend a membership class to learn about the UU denomination and this congregation. This two-part series, a orientation brunch followed the next week by a retreat is offered every three months after Sunday services. For more information, about the orientation or membership, please talk with Membership Committee Co-Chairs: Shannon or Andy Dooley-Miller

UUCM Board of Trustees

President — Janet Dunstan

president@uugrassvalley.org

Vice President — Rob Ferroggiaro

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RE Director — Paige Anderson-Torgrimson

Director of Music Ministry — Annie Haymaker

Mountain Chalice newsletter

Production Manager — Brett Torgrimson

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Minister – Rev. Meghan Cefalu

minister@uugrassvalley.org

*Hours: Tues-Wed-Thurs, 11 am - 6 pm
please call ahead for an office appointment*

274-1661

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Send change of address, phone number or e-mail to: directory@uugrassvalley.org

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Social Action — Carol Hyndman, Carol Kuczora

Worship — Matt Wilson-Daley

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Finance — Joel Houtman

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